

**HARD WORK
BEATS
TALENT
WHEN TALENT
DOESN'T
WORK HARD!**

EXTRA-CURRICULAR PE



Attention: During exams activities planned for the **Sports Hall** WILL NOT take place.

Extra-Curricular Clubs	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 7.15- 8am	- Athletics / Cross Country SHALL/MUGA -Year 9 Football MUGA 	-Basketball /SHALL -Year 8 Football MUGA 	-Netball /SHALL -Year 7 Football MUGA 	-Basketball /SHALL -Year 10 Football MUGA 	-Year 11 Football MUGA -Year 10 & 11 Trampolining SHALL 
After School 3.30- 4.30 pm	-Athletics / Sprints & Throws MUGA 	-Year 7-9 Rugby -Volleyball /MUGA -Basketball /SHALL 			-Girls Football MUGA 



AASA Team Selection

- Scholars participating in training regularly will be selected for the school's teams
- Once selected you will receive a badge and you will represent the school in interschool competitions