

All Saints Academy Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	SAUSAGE & VEGETABLE CASSEROLE	BARBEQUE CHICKEN <small>S. C. G. Mu</small>	LAMB BIRIYARNI	BEEF PASTA BAKE <small>E. F</small>	CHICKEN KIEV <small>E. F. M</small>
Veggie Mains	VEGETABLE CASSEROLE	BARBEQUE CHICK PEA & VEGTABLE BAKE	VEGETABLE BIRIYARNI	VEGTABLE PASTA BAKE <small>F. E</small>	VEGETABLE KIEV <small>F. E. M</small>
Sides	MASH POTATO <small>M</small>	DICED HERB SEASONED POTATOES/ GREEN BEANS	CAULIFLOWER/ SALAD	SWEETCORN/ SALAD	CHIPS PEAS
Jackets & Pasta	Served Daily with Tuna, Beans or Cheese				
Hot Sweets	TOFFEE SPONGE & CUSTARD <small>F. M</small>	MIXED FRUIT CRUMBLE & CUSTARD <small>E. F. M</small>	EVES PUDDING & CUSTARD <small>E. F. M</small>	BANANA & CHOCOLATE BROWNIE & CUSTARD	PEAR & CINNAMON SPONGE & CUSTARD <small>E. F. M</small>
Cold	Yoghurts, Jelly or fresh fruits served daily				

W – Wheat

Cm – Coconut Milk

Mu – Mustard

E – Egg

S – Soya

N – Nuts

G – Gluten

C – Celery

Fi – Fish

M – Milk

F – Flour

Su – Sulphite

Mayonnaise contains Mustard, Eggs, Milk