

All Saints Academy Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	CAJUN CHICKEN S. F. W	CORNISH PASTIES E. F. W	TUNA PASTA BAKE E. Fi, F	LEMON & HERB CHICKEN	CHICKEN BURGER / SALMON KEDGREE W. E. G. Fi
Veggie Mains	QUORN & VEGETABLE CHILLI	VEGETABLE PASTY E. F. W	MACARONI CHEESE M. E. F	VEGETABLE RAVIOLLI G. M	CHEESE & VEGETABLE TURNOVER F. E. M
Sides	RICE/ SWEETCORN	MASH POTATO M	MIXED VEGETABLES	ROASTED NEW POTATO/ CAROTS	CHIPS PEAS
Jackets & Pasta	Served Daily with Tuna, Beans or Cheese				
Hot Sweets	PINEAPPLE SPONGE & CUSTARD E. F. M	APPLE & PEAR CRUMBLE & CUSTARD F	FLAPJACK W	MARBLE SPONGE & CUSTARD F. E. M	CARROT CAKE & CUSTARD E. F. M
Cold	Yoghurts, Jelly or fresh fruits served daily				

W – Wheat

S – Soya

Fi – Fish

Cm – Coconut Milk

N – Nuts

M – Milk

Mu – Mustard

G – Gluten

F – Flour

E – Egg

C – Celery

Su – Sulphite

Mayonnaise contains Mustard, Eggs, Milk