

# All Saints Academy Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	BEEF & ONION PIE F. W	SWEET & SOUR CHICKEN S. F. C	BEEF STROGANOFF F. M. W	CHICKEN FAJITAS S. F. W	BAKED FISH F. I
Veggie Mains	LEEK & POTATO PIE F. W. M	SPINACH, CHEESE, TOMATO AND MOZZARELLA TART F. E. M	MUSHROOM STROGANOFF F. W. M	VEGETABLE FAJITAS F	SPICY BEAN BURGER F W
Sides	MASH POTATO/ BROCOLI M	RICE	RICE/NEW POTATOES	RICE, SALSA	CHIPS PEAS
Jackets & Pasta	Served Daily with Tuna, Beans or Cheese				
Hot Sweets	CHOCOLATE SHORTBREAD E F	BANANA SPONGE & CUSTARD F E M	CHEESECAKE M	CHOCOLATE SPONGE & CHOCOLATE SAUCE F E M	LEMON DRIZZLE CAKE & CUSTARD F E M
Cold	Yoghurts, Jelly or fresh fruits served daily				

W – Wheat

S – Soya

Fi – Fish

Cm – Coconut Milk

N – Nuts

M – Milk

Mu – Mustard

G – Gluten

F – Flour

E – Egg

C – Celery

Su – Sulphite

Mayonnaise contains Mustard, Eggs, Milk