



Ark All Saints Academy

Relationship and Sex Education Policy

1 INTRODUCTION

ARK ALL SAINTS ACADEMY is an academy with the highest expectations of its scholars, staff and parents. Our vision is for all members of our All Saints family to be confident, responsible, and successful and to live with integrity. This will enable our scholars to be well prepared for the next phase of their journey whether that is to university or in pursuing the career of their choice.

We welcome scholars of all faiths and none to our Church of England academy where our guiding principles are based on Christian values.

We treat every scholar as an individual and we work with them and their families to develop and nurture their talents.

2 GUIDING PRINCIPLES

At Ark All Saints Academy the teaching of relationships and sex education will ensure that our scholars:

- are informed about relationships, emotions, sex, sexuality and sexual health
- place relationships before sex so as to emphasise the importance of relationships within sex
- develop personal and social skills and a positive attitude to sexual health and well-being
- provide opportunities for scholars to acquire information and form attitudes and beliefs about sex, sexual identity, relationships and intimacy within a safe and nurturing environment
- are granted the opportunity to develop life skills within a Christian moral framework that aims to assist them in making good decisions about their lives
- develop skills of assertiveness, confidence and communication so that they make *informed* choices about their behaviour and feel confident and competent about acting on these choices and voicing their decisions
- develop skills re relationships so that their friendships are supportive and nurturing
- are provided with the opportunity to explore their own values and develop their own moral framework

- understand and accept difference and diversity and respect the right of others to hold opinions that differ from their own as long as these views do not impact on the rights of others.
- develop an understanding of their own bodies
- know where to seek help and advice
- have awareness of the rights they have over their own bodies
- take responsibility for and accept the consequences of their own actions

3 PRACTICE AND GUIDANCE

The RSE Policy at Ark All Saints Academy is based on the principle of RSE being a lifelong learning process of acquiring information, developing skills and forming positive beliefs and attitudes about relationships, sex, sexuality and feelings.

The academy believes that scholars have the right to sex education. It is a means by which they can protect themselves from abuse, exploitation, unintended pregnancies, STIs and HIV/AIDS. RSE at Ark All Saints Academy will also provide scholars with a safe space to ask questions and gain information and understanding about a subject that is at the core of human existence.

Ark All Saints Academy will take reasonable steps to notify parents when scholars will be having RSE lessons.

RSE is an educational entitlement for children and should support our scholars in managing puberty and adolescence and prepare them for an adult life in which they can:

- Be aware of and enjoy their sexuality.
- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour.
- Have the confidence and self-esteem to value themselves and others.
- Behave responsibly within sexual and personal relationships.
- Communicate effectively.
- Have sufficient information and skills to protect themselves and their partner from unintended/unwanted conceptions and STIs including HIV.
- Neither exploit others nor be exploited.
- Access confidential advice and support
- Have awareness of a Christian perspective.

Effective RSE can make a significant contribution to the development of the personal skills needed by scholars if they are to establish and maintain relationships.

Effective RSE is essential if young people are to make responsible and well informed decisions about their lives. It helps support young people through their physical, emotional and moral development. It helps young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

The law in relation to RSE states:

- The governing bodies of schools are required to keep an up to date RSE Policy that describes content and the organisation of RSE provided outside the national curriculum science order
- Parents/Carers have the right to withdraw their children from RSE lessons.
- The RSE programme must include (as a minimum) information about sexually transmitted infections (STIs) and HIV/AIDs.

Further recommendations:

- The DCSF Sex and Relationships Guidance (0116/2000) suggests that schools should set sex and relationships education within a broader base of self-esteem and responsibility for the consequences of one's actions.
- Ark All Saints Academy will work with stakeholders and other agencies to ensure that scholars have access and up to date information necessary to make informed choices

POLICY INFORMATION

Named personnel with designated responsibility for Relationship and Sex Education Policy

Academic year	Designated Senior person	Deputy Designated Senior person	Nominated Governor	Chair of Governors
2013-2014	Lucy Frame			Peter Martin

Policy review dates (frequency of review: every year)

Review Date	Changes made	By whom
July 2013	Policy created	Lucy Frame
July 2015	Reviewed – No changes	Lucy Frame

Ratification by Governing Body

Academic year	Date of ratification	Chair of Governors
2013-2014	July 2013	Peter Martin

Dates of staff training for this academic year

Dates	Course Title	Staff