

## All Saints Academy Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meaty Mains</b>	LAMB & VEGETABLE CURRY	LEMON & HERB CHICKEN  <small>E C M</small>	COTTAGE PIE  <small>M</small>	CHICKEN FAJITAS  <small>S F W</small>	BEEF BURGER OR SALMON & VEGETABLE RISSOTO  <small>Fi</small>
<b>Veggie Mains</b>	VEGETABLE & LENTIL CURRY	CHEESE & PEPPER QUICHE  <small>E F M</small>	VEGETABLE PIE  <small>F</small>	VEGETABLE FAJITAS  <small>F</small>	VEGETABLE SUPER BURGER  <small>M E W</small>
<b>Sides</b>	RICE GREEN BEANS MIXED SALAD	ROASTED NEW POTATOS BROCOLLI SALAD	CARROTS MIXED SALAD	RICE SALAD SOUR CREAM MIXED SALAD	CHIPS PEAS SALAD POTATO SALAD
<b>Jackets &amp; Pasta</b>	Served Daily with Tuna, Beans or Cheese				
<b>Hot Sweets</b>	APPLE CRUMBLE & CUSTARD  <small>M F</small>	VANILLA SPONGE TOPPED WITH CHOCOLATE ICING  <small>M F E</small>	BLACKCURRANT CHEESE CAKE  <small>M</small>	SPOTTED DICK & CUSTARD  <small>F E M</small>	LEMON DRIZZLE CAKE & CUSTARD  <small>F M E</small>
<b>Cold</b>	Yoghurts, Jelly or fresh fruits served daily				

