

All Saints Academy Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	PIRI PIRI CHICKEN <small>M G S</small>	SPAGHETTI BOLOGNESE <small>W</small>	CHICKEN JAMBALAYA	BEEF LASAGNE <small>E G W</small>	BAKED FISH OR TUNA FRITTATA <small>F I F E</small>
Veggie Mains	SPINACHE & VEGETABLE RISSOTO	VEGETABLE & QUORN BOLOGNESE <small>W</small>	VEGETABLE JAMBALAYA	VEGETABLE LASAGNE <small>E G W</small>	ROASTED VEGETABLE PAELLA
Sides	RICE PEAS MIXED SALAD	PASTA SWEETCORN SALAD <small>W G</small>	RICE SALSA SOUR CREAM	GARLIC BREAD SALAD COURGETTES	CHIPS PEAS SALAD COLESLAW
Jackets & Pasta	Served Daily with Tuna, Beans or Cheese				
Hot Sweets	CHOCOLATE & ORANGE SPONGE WITH CUSTARD <small>M F E</small>	CHERRY & COCONUT SPONGE WITH CUSTARD <small>C M M F E</small>	CHERRY CHEESE CAKE <small>M</small>	MARBLE SPONGE & CUSTARD <small>F M</small>	PEAR & PEACH CRUMBLE WITH CUSTARD <small>F M</small>
Cold	Yoghurts, Jelly or fresh fruits served daily				

Key For Allergens:

W – Wheat

E – Egg

G – Gluten

M – Milk

Su – Sulphite

Cm – Coconut Milk

S – Soya

C – Celery

F – Flour

Mu – Mustard

N – Nuts

Fi – Fish

Mayonnaise contains Mustard, Eggs, Milk